

DASSEL ELEMENTARY NEWSLETTER

Rob Nudell, Principal

www.dc.k12.mn.us

January, 2009

FROM THE PRINCIPAL'S DESK...

rob.nudell@dc.k12.mn.us

by Rob Nudell



I want to wish all of you a Merry Christmas and Happy New year! I hope you have an enjoyable holiday season. The next few months are optimal times for learning as we settle into the New Year and get back into our routines. I encourage you to take this opportunity to sit

down with your child and make some New Year's Resolutions or goals pertaining to school as the New Year begins.

Please remember to send your child to school with appropriate clothing for recess. Temperatures at this time of year tend to be cold, I see several students coming to school without hats and mittens. Except in extreme conditions, students go outside everyday for recess. Students will enjoy their time outside a lot more if they are dressed appropriately.

I understand how the Holidays seem so busy with all there is to do and celebrate. I hope you take some time to engage in a game, craft, activity or just some "chat" time you're your children. I know kids absolutely enjoy spending time with family, whether making a snowman, sledding, working on a craft or just visiting. Enjoy every minute you have with them, they sure will!

Once again, I hope you have a wonderful Holiday Break and are able to spend some time with friends and family.



THIRD GRADE STORES

The third grade teachers and students would like to extend a heartfelt thanks to all parents and community members who came to support the Christmas Stores on December 18th and 19th!

Students worked hard learning about the business world. They created a Christmas craft, started their own business, and marketed their Christmas items. The unit also included lessons on money, labor, advertising, art, multiplication and division. Selling the items was particularly exciting for the kids, and they were amazed at how their collective efforts could produce such fantastic results.

Every item was sold, and the third graders were able to contribute greatly to the needs of the food shelf and Habitat for Humanity.

Once again, thanks to everyone who made this event successful!

**FOR THE SAFETY
OF YOUR CHILD, PLEASE
REMEMBER TO DROP
YOUR CHILD OFF AT THE
EAST DOORS.**

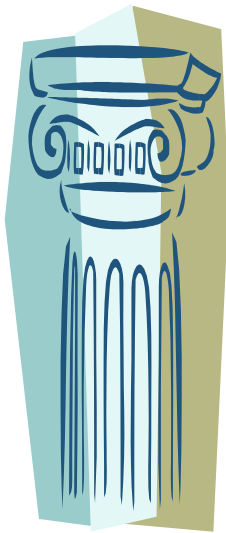
CLOTHING



As our weather gets colder outside and snow is on the ground, it is important that children dress for the weather. Students should have snow pants, coats, hats, gloves, and boots to play outside at recess.

Thank you for your cooperation.

GOLDEN RULERS OF THE MONTH FOR DECEMBER



Every day of school, the students at Dassel Elementary are involved in CARE groups from 9:45 – 10:15. During this time, they have a snack and juice/milk break and are engaged in a lesson about character education. This year we are focusing on the character pillars of resiliency and understanding diversity. One of the activities we do each month is to have the students in each of the nine CARE groups select a Golden

Ruler of the Month to represent their group. They are asked to vote for a member of their CARE group who continually displays all six character pillars and demonstrates the Golden Rule: “Treat others as you would like to be treated”.



The students selected for the month of December were:

Back Row: Rebbecca Smith, Jason Nordberg, Derek Nessett, Derek Johnson, Eric Neault

Front Row: Ava Erickson, Patricia Aho, Daniel Davison, Mila Hanson



**The mission of Dassel-Cokato Schools
is to provide programs
of educational excellence
to students of all ages.**

AAA ARTS & ACADEMICS AWARDS

We are planning to kick off our AAA program for 1-4 graders early in January. Hopefully the students have been thinking about their entries throughout the school year and are eager to show off their skills and projects! Each year, we are impressed with the quality of the performances and work submitted for AAA. We hope to see participation continue to grow. There are a number of projects that can be completed at home during the cold winter evenings. The program timelines and dates are on a monthly calendar, which your child will be bringing home with other AAA information soon. If you have any questions, please feel free to contact your child's teacher.



MUSIC NOTES...

by Becky Litzau



Congrats to Kindergarten, First and Second grade students on an amazing Holiday program this year! Thank you to all of the teachers, staff, and volunteers who had a helping hand with the program.

Performing is very important to the development of the whole child. Performing shows an importance to the arts, it helps to develop creativity, and it aides in the development of the ever-so-fun skill of public speaking. Encourage your student to get involved in local theatre productions - giving them more confidence with positive performing experiences! Have a Happy New Year!



FROM THE VOLUNTEER CORNER...

by *Mary Neu*



Happy New Year! May your new year be filled with wonderful times with your family and friends!

Watching the students continue their journey of learning is one of the benefits of volunteering. We have an opportunity to

be a part of this learning process, so please look at your schedule and see if you can give some time to the students and staff at Dassel Elementary. We welcome your support! You can reach me at school at 286-4100 ext. 1518 or via email: mary.neu@dc.k12.mn.us.

A huge thanks to the volunteers that helped with the K-2 program in December. It is so fun to hear the students and see their smiling faces as they take their turn on the stage! Before long, we will be talking about the 3rd-4th grade program in the spring!

The next big event for our students is AAA! Please start working with your student as they chose their projects and prepare for performances. Information is soon coming and we need volunteers for judging, both performances and projects, and decorating. Please call for more information about volunteering with AAA.

There are many needs here at school. Please let me know if you have an interest in helping! We can always find a spot for you!

AAA: judges, helpers, decorating

In-school projects

Projects at home

Misc. stuff

Welcome to the New Year and please join us in celebrating the gifts that come from children!

“You cannot do a kindness too soon, for you never know how soon will be too late.”

Ralph Emerson

FROM THE CORNER OF THE COOKS...

by *Doris Kyllonen, Head Cook*



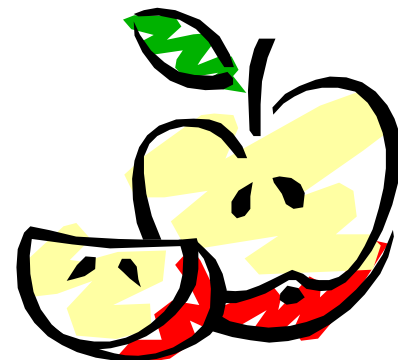
Happy 2009 from the Rockin' Lunch Ladies! We hope you all had a great winter break and could relax and enjoy family and friends. We all did a lot of chatting and laughing.

What would the lunchroom be like without good table manners? It would be chaos. Children's courtesy can eliminate a lot of that disorder, and can help them connect socially and, later in life, advance their careers.

Manners Matter USA (www.mannersmatterusa.com) offers ideas to teach children etiquette in its "Macaroni and Please" 10-minute lessons for kids from 3 to 7 years old. The lessons give tips on avoiding behaviors such as eating with one's mouth open, picking up food with one's fingers, and squirming around in the chair. It's important to emphasize the concept of good manners rather than simply supplying a list of rules that may disinterest children. In fact, the lessons provide suggestions for warming up your young audience, including jokes.

I would like to take this time to tell each and every customer who eats in our lunchroom thank you, thank you, thank you for all the great manners and all the wonderful smiles and conversation as you come through the lunch line. We love it. Our lunchroom rocks! Keep up the great work.

Have a great year and stay healthy. We'll chat next month.



FROM THE MEDIA CENTER...

by Pam Dille

Encouraging Book-Related Pretend Play



When young children pretend, they often focus around cartoons and movies they have seen. In *book-related pretend play* students assume roles directly related to the characters, objects, actions, setting, language, and themes found in children's literature.

Pretend play contributes to development, both socially and cognitively. Students who spend more time in pretend play appear more socially active and develop empathetic responses to others, resulting in more positive social interactions.

Cognitively, pretend play requires children to mentally coordinate three basic activities of pretend:

1. Play with objects
2. Play at being like someone or something
3. Make up people, places, and things

Pretend play can deepen comprehension of the literature to which children have been exposed. These play experiences may encourage students to develop deeper, personal relationships with literature, resulting in positive feelings about reading. It also helps them expand and extend the existing story, thereby nurturing their imaginations.

Teachers and caregivers can foster book-related pretend play by choosing appropriate stories and gathering the related props and sets. Because much of play involves fantasy elements, books that fall into the fantasy genre are particularly valuable. These stories often include language that is predictable and repeated. Also, they contain strong characters who often face an element of danger.

A short list of these books includes: *Click Clack Moo: Cows that Type* (Cronin, 2000), *Goldilocks and the Three Bears* (Brett, 1987), *Froggy Gets Dressed* (London, 1992), *Strega Nona* (DePaola, 1975), *The Little Red Hen (Makes a Pizza)* (Sturges, 1999), and *The Three Little Pigs* (Galdone, 1970).

For more information visit the International Reading Association website at <http://www.reading.org>

Source:

Welsch, J.G. (2008, October). *Playing Within and Beyond the Story: Encouraging Book-Related Pretend Play*. *The Reading Teacher*, 62(2), 138-148.



FROM THE PHYSICAL EDUCATION TEACHER...

by Patti Jo Erickson & Amanda Berg

Research shows children often follow the habits of their parents. The New Year offers a great opportunity to assess the fitness and health habits your children see. Are they positive and promote a healthy lifestyle?

Take a quick snapshot of your health habits with this short checklist from the 2009 "A year of good health" calendar.

- I limit foods high in saturated fat, and I avoid foods that contain Trans fat.
- I eat at least 5 servings of fruit and vegetables a day.
- I usually get 7-8 hours of sleep a day.
- I do strength-training exercises 2-3 times a week to build muscle.
- I don't use tobacco, or I am getting help to quit.
- I am within 10-15 pounds of my healthiest weight.
- I get 30-60 minutes of aerobic exercise, and I'm generally physically active most days of the week.
- I follow a schedule for routine screenings with my health care provider, and I take care of my dental health too.

The new year is a great time to celebrate the healthy choices your family consistently makes and work together on new and challenging fitness and health goals. Thank you for the hard work you exhibit to your children.



The mission of the Dassel-Cokato PTA is to foster communication between schools and families as well as supporting children in their work of learning. The Dassel-Cokato PTA hopes to create a collaborative effort with the schools, community, and parents/guardians to ensure a quality, well-rounded education for the children in the D-C area.

The next D-C PTA meeting is on Thursday, January 8th, from 6:30-8:00 in the PAC COMMUNITY ROOM. (Please note the date and location change.) We have invited Deb Griffiths from Schools for Equity in Education to give a presentation. You DO NOT need to be a PTA member to attend. ALL COMMUNITY MEMBERS are invited and encouraged to attend this meeting!

Deb will be giving a presentation on Are We Serious About Quality Education In Minnesota? Deb is currently the Director of Communications and Community Outreach and has been a parent advocate and chair of Centennial’s Legislation Action Committee for over 5 years. She has a passion for assisting parents and community members to advocate for their children and their schools by engaging in the political process.

The state has underinvested in our schools for years. School districts have responded by trying to pass local referendum and being forced to make painful budget cuts. The upcoming legislative session that begins in January is critical. At the end of the session in May, our schools will know what funding they will receive for the next two years. Right now legislators and the governor are talking about 0% increases or even possible funding cuts. If so, schools would have to make significant budget cuts, both teachers and valuable programs will be lost. The situation is dire. Our children cannot go back and repeat 2nd grade when the economy improves. Childhood does not have a rewind button.

And yet there is hope, in the form of a promising new bill called the New Minnesota Miracle. This

bill would provide a significant new investment in our schools. The author of the bill predicts that the full new funding could be phased-in over 6 years – but that is only IF they can gain support for this proposed legislation. It is a challenging time, but the state needs to renew Minnesota’s commitment to education not only for our children but to ensure Minnesota’s prosperity. It is up to all of us parents and community members who value our schools to stand up and be a voice for our children.

Come hear Deb’s presentation to become informed. Working together we can make a difference in ensuring that ALL our children have access to a quality public education.

If you have any question about the upcoming meetings or would like to simply talk to someone about PTA, please contact our Membership Committee Chair, Tonia Olsen at 275-3275. You may also write or email at:
 Dassel-Cokato PTA
 P. O. Box 632
 Dassel, MN 55325
 chargerpta@yahoo.com



TURN WARM INTO COLD!

Change one letter in each row. Fill in all the remaining letters to make a new word.

W	A	R	M		
		O			
					D
			C		
				L	



FROM THE SHARE GRANT PARENT/SCHOOL LIAISON...

by Mary Neu

Welcome to the New Year! It is this time of the year that we look forward to the new things in life. We usually begin with a New Years' Resolution with the hope of great follow through!

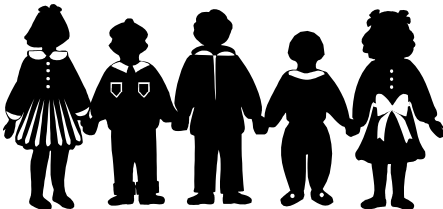
The best thing we can do for ourselves and our families is to take the time to think about the year we just had and what do we want to do differently this new year. We have the opportunity to make adjustments and changes with the idea of making a better year.

Take the time to figure out ways to be with your family more than last year. Take the time to find out more about your family—likes and dislikes, goals and dreams. Take the time to volunteer or do things for others. Take some time for yourself— what do you want?

Enjoy the New Year and all of the excitement it brings with the feeling of starting new and getting a fresh chance at whatever it is that makes you and your family happy.



OLWEUS BULLYING PREVENTION PROGRAM



Our OLWEUS thought for this months' newsletter is that we all need to work together, both at school and at home, to promote healthy relationships with our students. Praise and friendly attention on the part of teachers, staff and parents will reinforce with our children that we expect good behavior.

Please continue to support your child in their desire to do well in school. Your support at home is vital to your child having a great day of learning. Thank You!

FROM THE NURSE'S DESK...

by Kelly O'Fallon, LSN

When it's more that just a cough....



Minnesota is experiencing an increase in reported cases of pertussis (whooping cough), including wright county. Pertussis can be a serious illness, especially in young, unvaccinated children. Adults and older children with pertussis may be the source of infection for infants and young children.

Pertussis is caused by the bacteria: Bordetella pertussis. **Symptoms** start with a runny nose, sneezing, possibly a low-grade fever and mild cough. After a week or two, a persistent cough develops, which may occur in explosive bursts, sometimes ending in a high-pitched whoop and vomiting. Coughing attacks occur more frequently at night. The illness is **spread** when a person with pertussis coughs and tiny droplets expel into the air and another person breathes them in.

Treatment for the illness involves antibiotic therapy. People are considered contagious until 5 days after treatment has begun. If your child has had a persistent cough, which has gone on for a week or two, please follow up with your doctor. **Testing** for pertussis involves obtaining a culture by swabbing the back of the throat and nose.

Prevention. Pertussis can be prevented with the pertussis vaccine, which is part of the DTaP (diphtheria, tetanus, acellular pertussis) immunization. DTaP immunizations are routinely given in five doses before a child's fifth birthday. It is also now included in tetanus boosters. As is the case with all immunization schedules, there are important exceptions and special circumstances. Your child's doctor will have the most current information. Don't forget how effective covering your cough and thorough hand washing are in preventing the spread of infectious disease.

Please notify the school nurse if your child is diagnosed with pertussis!!!!!!

For more information, check out the Minnesota Dept. of Health's website:
<http://www.health.state.mn.us/divs/idepc/diseases/pertussis/hcp/schoolfacts.pdf>

COMMUNITY EDUCATION PROGRAM WINTER ACTIVITIES

To find out more about the classes listed below
or to register: call by phone: 320-286-4120 or
go online: www.dc.k12.mn.us click on
Community Education

GYMNASTICS (Gr. 2-6)



Jump, twist, turn and tumble in the D-C Charger Gymnastics gym this winter. Gymnasts will have the opportunity to develop skills on the balance beam, uneven bars, and on the floor exercise. Class size is limited – so sign up early!

Activity #5162 (Gr. 2-4)

Thursdays, Jan. 15, 22, 29 and

Feb. 12, 19 (no class 2/5)

6:10-7:00 PM - MS Gym, Door I

Fee: \$35

Activity #5163 (Gr. 5-6)

Thursdays, Jan. 15, 22, 29 and Feb. 12, 19

(no class 2/5)

7:05-8:20 PM - MS Gym, Door I

Fee: \$52

OUTDOOR DC YOUTH HOCKEY (Gr. K-6)

The outdoor DC Youth Hockey program provides kids with the opportunity to learn how to skate and play the game of hockey. The program includes skating, individual skill drills, team play and scrimmages. If you don't know how to skate, don't worry, we will teach you. Practices will begin on Saturday, Jan. 3 and going through the end of February as weather permits. We will also hold an end of season event indoors, more details on this will be distributed in February. **Participants will need to provide the following equipment: Skates, helmet w/mask and stick.**

Weather conditions: If the temperature is below zero, practice is canceled, if it is above zero practice will be held. Just a reminder it is always the parents discretion as to whether or not their child attends.

Activity #5180 (Gr. K-3)

Saturdays, Jan. 3-Feb. TBD, 10:30-12:00 noon

Tuesdays, Jan.6 – Feb. TBD, 6:00-7:30 PM

Activity # 5181 (Gr. 4-6)

Saturdays, Jan. 3-Feb. TBD, 9:00-10:30 AM

Tuesdays, Jan. 6-Feb. TBD, 7:30-9:00 PM

Location: Mooers Park in Cokato – Outside Rink
(warming house available)

Fee: \$27

WRESTLING (Gr. K-6)

DC Coaching staff

Whether you've been in wrestling or not, this is a great opportunity for boys and girls to learn! Charger wrestling techniques, skills, drills and games will be emphasized. Registration was done in December but it's not too late to sign up.

Activity #5120 (Gr. K-1)

6:00-7:00 PM

Activity #5121 (Gr. 2-3)

7:00-8:00 PM

Mondays, Dec. 8-Mar. 16 (no class 12/29, 1/19, 2/16)

HS West Gym South Mezzanine

Fee: \$20 each or \$35 family cap

Activity #5122 (Gr. 4-6)

6:00-7:30 PM

Tuesdays, Dec. 2-Mar. 17 (no class 12/30)

HS West Gym South Mezzanine

Fee: \$20 each or \$35 family cap

FRIDAY NIGHT OUT (Gr. 1-6)

A night just for kids and their friends!



FRIDAY NIGHT OUT is a special night for kids. Children will spend their evening swimming in the pool, doing a project or playing games and relaxing at an evenings end with a movie and a snack. Parents will have time to catch up on shopping, cleaning, playing or simply relaxing. Maximum 50. To find out what movies will be shown, please call the Community Education office.

Activity #3008D (Gr. 1-6)

Friday, Jan. 23

6:30-10:00 PM

Fee: \$8 per session – Pre-registration required.

Location: MS Commons, Door I

Registration deadline: 1 week prior to each event

DOMINOS EXTRAVAGANZA (Gr. 1-4)

Like to play dominos or want to learn? Come and learn different ways to play. Mexican train, chicken foot and fives are a few versions we will play.

Activity #6010A – Cokato

6 Tuesdays, February 3- March 10
3:15-4:30 PM – Cokato Elementary Rm. # 139-pick up west door
Fee: \$15

Activity #6010B – Dassel

6 Thursdays, February 5- March 19
(No class Feb. 12)
3:15-4:30 PM – Dassel Elementary Rm. # 121
Fee: \$15

CRIBBAGE (Gr. 4-6)

Do you enjoy playing card games? Then you will love the game of cribbage! Join us to learn how to lay this classic game.

Activity #6015
5 Mondays, January 26-March 2 (No Class 2/16)
3:15-4:30 pm – Cokato Elem. Rm. #140
Fee: \$15

KITCHEN CHEMISTRY (Gr. K-4)

Join Science Explorers as we throw open the kitchen cabinets, dive into ingredients and get ready to prepare several cool experiments. Learn about properties, gases and solutions by mixing together flour, vinegar, baking soda, and other safe reactive ingredients. We will also create an experiment to learn why some liquids will or will not mix with other compounds. Keep the mess out of your kitchen and dress so you can get messy in this refreshing, hands-on class.

Activity #1025

Thursdays, Jan. 22 & 29
3:15-4:30 – Cokato Elem. Cafeteria
Fee: \$26

GUN SAFETY

Gun safety training classes will be held at Cokato City Hall. One field day will also be scheduled later in the spring. Class fee is \$15. Parents are to accompany students the first day of class. Participants must be 12 years old by November 1, 2009. These classes are sponsored by the Rainbow

Sportsmen's Club. Note: Registrations cannot be accepted at Community Education. Please contact the individual listed below to register.

Tuesdays & Thursdays, Feb. 2-26
7:00-9:00 PM – Cokato City Hall
Fee: \$15
Contact: Ryan Siltala at 286-5628



MEET A NEW STAFF MEMBER



Hello! My name is Anne Kivisto. I am a paraprofessional here at Dassel Elementary. I'm thrilled to be working in this wonderful school. Our oldest child started kindergarten here eleven years ago and our youngest will be coming next fall. During that time, I've enjoyed being involved as a volunteer in the classrooms and around the school. It's a joy to have this opportunity to now be a part of this caring place!

I live on the outskirts of Dassel with my husband Brian and our six children. We are the proud parents of two boys and four girls. Two of our children are at the high school, two are at the middle school, one is here in the third grade and our youngest daughter is in preschool. For our family, this is one of the busiest seasons of our life, or so it seems, and the days pass all too quickly. Both my husband and I are thoroughly enjoying this busy phase! It keeps us on our toes and in the car! I love going to the various activities our children are involved in throughout the year. This time of year, you can usually find us at the hockey rink!

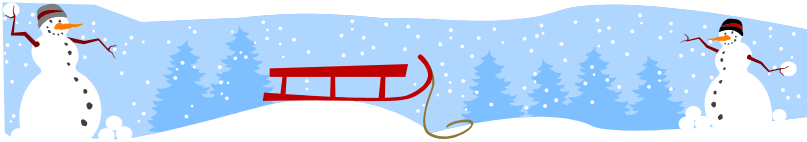
I have stayed at home with our children and Brian continues to work for the company that brought us to Minnesota. We built our home 15 years ago and this has been a wonderful place to raise a family!

I am having lots of fun here at school, getting to know the students, making new friends and adjusting to a new routine! This has started out to be another great year and I wish you all a blessed 2009!

CALENDAR OF EVENTS

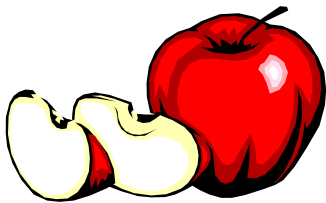
2009		JANUARY						2009		
SUN	MON	TUES	WED	THURS	FRI	SAT				
				1	2	3				
				Winter Break	Winter Break					
4	5	6	7	8	9	10				
 <p>Classes Resume</p>		 <p>9:45 AAA Kick-Off</p>	PTA Meeting at the High School Media Center 6:30-8:00		End of 1 st Semester					
11	12	13	14	15	16	17				
										
18	19	20	21	22	23	24				
NO SCHOOL Martin Luther King's Birthday Teacher Planning/Staff Development		AAA Contract Due 9:45 Jump Rope Kick-Off								
25	26	27	28	29	30	31				

BREAKFAST MENU

2009		JANUARY					2009
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
				1 Winter Break	2 Winter Break	3	
4	5 Cereal Granola Bar Assorted Fruit Juice	6 Waffle Sticks with syrup Smokies Fruit Sauce Choice	7 Cereal Cinnamon Toast Fruit Sauce Choice	8 Doughnut Yogurt Assorted Fruit Juice	9 Cereal Mini Muffin Fresh Fruit	10	
11	12 Breakfast Pizza Fruit Sauce Choice	13 Cereal Teddy Grahams Fruit Sauce Choice	14 Pancakes Smokie Assorted Fruit Juice	15 Cereal Cinnamon Toast Peaches	16 Pop Tart Yogurt Fruit Sauce Choice	17	
18	19 NO SCHOOL Martin Luther King's Birthday	20 Breakfast Omelet Toast Assorted Fruit Juice	21 Cinnamon Roll Cheese Slice Fresh Fruit	22 Breakfast on a Stick Toast Fruit Sauce Choice	23 Cereal Granola Bar Assorted Fruit Juice	24	
25	26 Apple Streusel Sticks Cheese Sticks Assorted Fruit Juice	27 Cereal Muffin Fresh Fruit	28 French Toast Sticks Smokies Assorted Fruit Juice	29 Cereal Cinnamon Toast Fresh Fruit	30 Cereal Bar Yogurt Fruit Sauce Choice	31	

½ pint milk served with each meal

ANTICIPATED FAMILY FOOD COST FOR THE MONTH OF JANUARY, 2009.




Grades K-4:

Breakfasts: 19 days x \$ 1.00 = \$19.00
 Regular Lunches: 19 days x \$ 1.50 = \$28.50
 Reduced Lunches: 19 days x \$.40 = \$ 7.60
 Extra milks = 35 cents

Please write your child's first and last name on the check or envelope to ensure proper credit to the account. We welcome you to join your child for a meal!

LUNCH MENU

2009		JANUARY					2009
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
				1 Winter Break	2 Winter Break	3	
4	5 Individual Pizza Seasoned Corn Fruit Sauce Choice	6 Country Fried Steak Mashed Potatoes Country Gravy Carrots Biscuit Fresh Fruit	7 Tater Tot Hot Dish French Bread Cole Slaw Pineapple & Mandarin Orange Sauce	8 Chicken Sandwich Potato Smiles Green Beans Fresh Fruit	9 Fish Frys Potato Rounds Fresh Carrots Fruit Sauce Choice Cookie	10	
11	12 French Toast Sticks/syrup Smokies Tri Tater Oranges Sections Fruit Juice	13 Hamburger on a Bun French Fries Vegetable Choice Fruit Sauce Choice	14 Super Nachos with fixings Corn Bread Choice School Made Bar	15 Grilled Cheese or Tuna Sandwich Tomato Soup Crackers Vegetable Relishes Fresh Fruit	16 Meat & Gravy Mashed Potatoes Mixed Veg. Fresh Dinner Roll Fruit Sauce Choice	17	
18	19 NO SCHOOL Staff Dev. Day	20 Chicken Nuggets Scalloped Potatoes Peas Bread Choice Fruit Sauce Choice	21 Mini Corn Dogs French Fries Broccoli with Cheese Bread Choice Fresh Fruit Choice	22 4X6 Pizza or Quesidilla Seasoned Corn Bread Choice Fruit Sauce Choice	23 Turkey Wrap Potato Rounds Fresh Veggie & Dip Yogurt Fruit Sauce Choice	24	
25	26 Hot Dog/Bun French Fries Baked Beans Sauerkraut Fruit Sauce	27 Bag Lunch Hot Ham & Cheese Chips Carrot Paks Fresh Fruit	28 Chicken Strips Mac & Cheese Peas Bread Choice Fresh Fruit	29 Cheese Bread with Pizza Sauce Garden Salad Fruit Sauce Choice	30 Teriyaki Beef Bites Potato Choice Seasoned Green Beans Fresh Fruit Birthday Cake	31	
<p>In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, please contact: Tina Palmer, 4852 SW Reardon, Cokato, MN 55321 @ 320-286-4100, x. 1002.</p>							

½ pint milk will be served with each meal --- An additional bread item will be offered with each meal.

SNOWMEN COOKIES



1 pkg. (16 oz.) Nutter Butter cookies
1 ¼ lb. white candy coating, melted
Miniature chocolate chips
M&M miniature baking bits
Pretzel sticks, halved

- Using tongs, dip cookies in candy coating; shake off excess. Place on waxed paper.
- Place two chocolate chips on one end of cookies for eyes. Place baking bits down middle for buttons. For arms, dip ends of two pretzel stick halves into coating; attach one to each side. Let stand until hardened. Pipe nose and scarf with gel or frosting. Yield: 32 cookies.

Orange & red decorating gel or frosting

A NICE, NICE CHRISTMAS DECEMBER 11, 2008

