

Cokato Elementary

www.dc.k12.mn.us

October 2009

Paragraphs from the Principal....

Mrs. Force



Welcome to the first edition of this year's Cokato Elementary Newsletter. Each month I look forward to sharing some thoughts I have on life at our school from my vantage point. I

hope you find time to read the entire newsletter. It's one of several ways we try to keep our parents informed of happenings at school. When you have finished reading it, consider passing it along to a neighbor or friend who doesn't have anyone in school. They might enjoy hearing about their local elementary school as well.

The year has started off very smoothly. With Labor Day falling so late this year, many people have commented that September has gone by quickly. The warm weather decided to wait until September to visit Minnesota, which made for some very warm days in the parts of our building that aren't air conditioned. We usually feel this especially in the opening and closing weeks of school. The warm weather didn't prevent us from having a very successful opening to the school year!

School has become so multi-faceted since I began teaching in 1974. Teaching the core subjects has always been a priority, but over the years, more emphasis has been placed on the climate in which students learn, and I don't mean the temperature of the room! At Cokato Elementary we strive to create an environment where expectations for student behavior and manners are also part of instruction.

This year we are emphasizing "random acts of kindness". Students are encouraged to look for ways to help someone throughout their day, not because they are going to get a prize or hear their name on the announcements, but rather because it's the right thing to do to help our building be comfortable for everyone who works and learns here. Educational research shows that when students feel safe and cared for, their academic achievement increases. With your loving support from home, we will continue to engage and motivate your children in their learning. We've been fortunate to have access to wonderful technology that allows teachers and students to access information very quickly. It's my belief that the technology is a wonderful tool for learning, but the caring environment created by our teachers in their classrooms impacts student learning the most!

This last week proved to hold two surprises for Cokato Elementary that I'd like to relay to you. On Thursday, several residents of Cokato Manor came to Cokato Elementary to bring school supplies for our students that employees of the manor gathered as a donation for our school. What was even more special about this visit was the fact that all of the ladies had been teachers in public schools during their working years. As they posed for pictures in our parent waiting area, they were delighted when first and second grade students walked by on their way to noon recess. Our students often stopped, smiled, and waved to the senior citizens, which of course brightened the day of the former teachers. What a wonderful opportunity for two generations to interact in the simplest terms—a smile and a wave bridged the gap between these two age groups.

On Friday, we had two more visitors to school. Two gentlemen from the Cokato High School graduating class of 1962 came to our school on their 65th birthdays to walk through the building and revisit part of their childhood. Jim Peterson, who now lives in Annandale, was a teacher in the Annandale district for many years. Mark Anderson, who now lives in St. Peter, serves as an admissions counselor at Gustavus Adolphus College. They have stayed in touch through the years and wanted to celebrate this milestone birthday together. It was my pleasure to walk them through the halls and hear them reminisce about their experiences at our school. I think "kids will be kids" no matter when they go to school! It was especially rewarding to be with them when they walked into the gymnasium and auditorium portion of our building. They painted a word picture of two opposing teams sitting on benches on the south side of the gym and the many basketball games that were down to the wire between Dassel and Cokato High School, as well as between Howard Lake and Cokato. They were impressed with how well this older part of the building had been maintained and were grateful that these areas were still used by children long after they graduated. A real telling statement came when they said that all students grades K-12 could sit in the auditorium seats for a program. When I told them that our 530 K-4 students, plus additional staff members, barely fit in these days, they were amazed! Jim and Mark commented that they were grateful that the schools continued to grow and flourish but were pleased to see that some of the "good old days" still were evident!

In closing, I want to invite you to call or write if you have questions or concerns. If you have ideas for my future columns, please suggest them to me. Perhaps your question is also one that others would like answered.

It continues to be my privilege to serve as the principal of Cokato Elementary School. It is my objective, as it is of the staff, that this year proves to be a tremendous learning experience for your children!

Salutations from the Social Worker...



Heidi Sickmann

Have your children experienced some type of loss recently? It is sometimes difficult to know what to say to children, especially when we as adults are grieving ourselves.

We would like to offer a 6 - 8 week grief support group. We will meet for about 30 minutes during the school day. In this group we would discuss feelings surrounding the grief, how to deal with those feelings and what to expect in the future. If you would be interested in this please give me a call at 320-286-4100 ext. 1336 by Wednesday, September 30th.

Heidi Sickmann

School Social Worker

Coming in October:

Mrs. Force will have a blog set up on the Cokato Elementary page of the D-C website. Ask her general questions about school activities, curriculum, and procedures!



The mission of the Dassel-Cokato PTA is to foster communication between schools and

families as well as supporting children in their work of learning. The Dassel-Cokato PTA hopes to create a collaborative effort with the schools, community, and parents/guardians to ensure a quality, well-rounded education for the children in the D-C area.

Start the year off right by becoming a Dassel Cokato PTA member! The PTA is a group of community members that works to contribute to the schools and the families of children that attend the school.

Being a member of the PTA **WILL** allow you to:

- Be connected and informed about school through PTA involvement & advocacy
- Influence decisions that affect your child's learning
- Become more informed about topics that affect our children and their schools
- Get to know school administration and some school board members
- Receive emailed copies of school board minutes and agendas
- Meet other community members

Being a member of the PTA:

- You do not have to attend every meeting
- You will not be made to volunteer many hours
- You will not have to do lots of fundraising
- You will not have to be on a committee unless you choose to

Upcoming Meeting:

Thursday, October 1 at 6:30-8:00 in the high school media center. Lorene Force and Rob Nudell, the elementary principals, will be the guest speakers. They will be talking about the MCA test results as well as other topics. This is a great time to learn more about what is happening at the elementary schools, as well as bringing any questions you may have. You do not have to be a current PTA member to attend, the D-C PTA welcomes ALL community members!

The PTA meets regularly the first Thursday of each month at 6:30 in the high school media center.

If you have any questions about the upcoming meetings or would like to talk to someone about PTA, please contact our Membership Committee Chair, Tonia Olsen at 275-3275. You may also write or email at:

Dassel-Cokato PTA
P. O. Box 632
Dassel, MN 55325
chargerpta@yahoo.com

also write or email at:
Dassel-Cokato PTA
P. O. Box 632
Dassel, MN 55325
chargerpta@yahoo.com

✓-out the Sept. edition of
The Talented Times
For Parents & Educators of the Gifted & Talented
<http://www.dc.k12.mn.us/cokato/odyssey/index.html>

Phy Ed *Fundamentals*



Mrs. Sorgatz Mr. Berggren

Did you know that experiences in physical education class have significant implications for students' education, exercise adherence, health, and future well being by promoting lifelong activity? This is an important time in your child's life to develop healthy and safe lifestyle choices! We are excited to have the opportunity to provide quality physical education instruction to your child using current best practice teaching/exercising methods as recommended by national physical education organizations.

There are 2 full time PE teachers at Cokato Elementary. Stacy Sorgatz is starting her 9th year in the D-C schools and Brice Berggren is starting his 4th year. Both teachers have their own gym, their own set of students, and see their students daily for 30 minutes for the entire year. We want to invite you to visit our physical education classes where you will see your child participating in a quality physical education program, the cornerstone for developing an active lifestyle.

It is extremely important that your child comes to class with **tight fitting** athletic shoes versus casual street shoe. We understand that tight fitting athletic shoes may not be your child's first choice of shoe for style or comfort, however it is a requirement of PE class. Most shoes that zip up, slip on, or the skateboard type lack the tight fit or support that we request. Absolutely no roller shoes allowed.

Our elementary PE program consists of developmentally appropriate activities that create maximum opportunities for development of skills, knowledge, health-related fitness, and ultimately, the confidence to enjoy an active, healthy lifestyle. A copy of the physical education scope and sequence can be downloaded from the district website.

Students are expected to participate in PE class daily. If an injury prevents participation in PE class, it is required that a written note signed by the parent is sent to school. This note will be honored for one day. If a longer time is needed, we must have a written statement from the doctor and should include the date, injury details/restrictions for class, and when the child may resume full activity.

As with any other academic subject, we encourage you to assist in helping your child develop healthy fitness and movement habits at home and in school. Children need a minimum of at least 60 minutes of physically active play. This is the type of moving that gets the heart pumping fast and makes kids sweat.

Stacy Sorgatz

Ph: 286.4100 X1355
stacy.sorgatz@dc.k12.mn.us

Brice Berggren

Ph: 286.4100 X1332
brice.berggren@dc.k12.mn.us

Volunteering



Krista Cates

"When parents are involved in their children's education at home, they do better at school. When parents are involved IN school, children go farther in school and the schools they go to are better."
Anne Henderson.

There have been many studies on the benefits of parents being involved in their child's education and volunteering and all research points to the major benefits that volunteering at school has for the volunteer, students, and school. When you become involved in our school, at home or in the building, your children will thrive and our school truly does become a better school because of you!

Some of the benefits to students of involved parents are:

- **better grades**
- **higher test scores**
- **regular school attendance**
- **better social skills**
- **more positive attitude towards school**
- **complete homework assignments**

Some of the benefits of becoming a volunteer are:

- **experiencing a satisfaction of helping someone**
- **get to know teachers and staff members**
- **get to know some of your child's friends**
- **develop a new skill and broaden your experiences**
- **giving the teachers more time to teach**
- **increasing school-community relations**

There are many ways to volunteer at Cokato Elementary. Volunteers can come in regularly to help in the classroom, work with a small group, help in the media center or computer lab, or work on projects, like copying, laminating, cutting, etc... You can also volunteer to help with one of the many special days throughout the year, like Vision and Hearing Screening, programs, Special research projects, Jump Rope for Heart, Activity Day, and Olympic Day. We also value the volunteers that can not make it into the building to volunteer, but volunteer by doing projects that can be worked on at home. If you are interested in volunteering or would like to learn more about the opportunities, please contact me,

Krista Cates, at 286-4100 ext. 1327 or
krista.cates@dc.k12.mn.us

UPCOMING VOLUNTEER OPPORTUNITIES:

Making copies for the teachers - ongoing!

Doing projects for teachers at school - ongoing!

Vision and Hearing Screening - Friday, October 9

Vision and Hearing Re-Screening - Friday,

October 30

2nd Grade Bat Book Projects - dates vary for each class in Oct/Nov

Scholastic Book Fair-

Evenings November 16 and 19

Afternoon November 20

DQ KIDS NIGHT

Cokato Dairy Queen Kids Night has been a tremendous success! For the 2008-2009 school year, Cokato Dairy Queen donated \$2,381 to Cokato Elementary and the same to Dassel Elementary! This money has been used for playground equipment and other great things for our school. Thank you Cokato Dairy Queen!

Every Wednesday again this year is Kids Night at the Cokato Dairy Queen. Art made by one of the elementary classes will be on display at the restaurant for the community to enjoy and DQ will donate 15% of sales from 5:00-8:00 that night to our elementary schools. What a fun and tasty way to contribute to our school! The upcoming Cokato classes that will be on display are:

Wednesday, October 14 - Chap/Glur

Wednesday, October 28 - Ardoff

Wednesday, October 11 - Kusler

Wednesday, October 25 - Heinonen

(Dassel Elementary classes will display art on the alternate Wednesdays)

BIRTHDAY TABLE

We will be continuing the Birthday Table again this year for grades 1 to 4. Each student with a birthday during the month will receive an invitation to the Birthday Table about one week prior to the date (summer birthdays will be celebrated during the Ø birthday month). The birthday student is invited to bring a guest to the table. The guest can be any number of parents, grandparents, younger siblings, or other special person, OR the birthday student can invite ONE school friend. Please talk about this choice with your child so that they understand they can bring one or the other. Students will go to lunch during their regular lunchtime, but can sit at the Birthday Table with their guests and all guests will enjoy a birthday treat. Guests that come for lunch will need to sign in at the office and can then go down to the lunchroom to meet the birthday student. Please bring exact change of \$3.00 for each lunch. Exact change is important since the kitchen staff does not have change. Please contact Krista Cates if you have any questions.

September Birthday Table - Tuesday, September 29

October Birthday Table - Thursday, October 29

November Birthday Table - Thursday, November 19

Lunch Times:

2nd grade - 11:25

1st grade - 11:35

3rd grade - 11:50

4th grade - 12:05

KEEP ON COLLECTING!

Thank you to all the parents and students that have been collecting Box Tops, milk caps, Campbell's labels, old cell phones and ink cartridges and have named our school as your school of choice for the Target card program! Your efforts have added up to a great reward for Cokato Elementary! Here is how you can get involved in turning your trash into cash for our school:

TARGET Red Card - Choose Cokato Elementary as your school of choice if you have a Target Red Card, and Target will donate a percentage of each of your purchases made using your card. Last year we received \$1,873 from this program!



BOX TOPS - Clip Box Tops from participating prod-



ucts, each worth ten cents, have your student write their name on the back of the Box Top and put them in the Box Tops drop box at school. A drawing will be held from the Box Tops each month for small prizes and winners will be announced during morning announcements. During the 08-09 school year the Box Tops collected added up to \$2,369!!

BOX TOPS MARKETPLACE - Start your online shopping at the Box Tops Marketplace at www.boxtops4education.com/marketplace. From here you can click on the link to the online retailer that you would like to shop at, like Kohls, Target, JCPenny, etc. . . When you make your purchase at the retailers site they will then donate a percentage of your purchase to our school. There is no extra cost to you, but you do have to begin your shopping at the marketplace for the donation to happen.

KEMPS and LAND O'Lakes MILK LIDS - Save the



specially marked lids from Kemps and Land O'Lakes products. Each lid is worth five cents. Please RINSE the milk caps and have your child put them in the milk lid collection box at school. During the 08-09 school year Cokato Elementary received almost \$900 from milk caps!

CAMPBELL'S LABELS - Clip the **UPC code** from the



participating Campbell's products and have your students turn them into the big "soup can" container at school. Each label is worth 1 or 5 points. These points are collected and then used to purchase products from the Campbell's school catalog. This past year the play ground staff was able to order new jump ropes, play ground balls, hockey sticks, and two hockey goals for the students to use during recess.

INK CARTRIDGES AND CELL PHONES - Recycle your old printer ink cartridges and cell phones at school. This is a great way to help the environment by recycling and turn your trash into cash for our school!

Charger Kids Club – Join us TODAY!!

Charger Kids Club is a school age childcare and enrichment program, designed to meet the year-round needs of working parents of students in grades K-6. The goal of our program is to provide a FUN, safe, recreational, and enriching program.

Up Coming

Non-School Days

MEA Break

Oct. 15th, 16th

Teacher Workshop

Oct. 19th

No Elementary Only

Nov. 20th

Teacher Workshop

Dec. 7th

Winter Break

Dec. 28th-31st

Martin Luther King Day

Jan. 18th

President's Day

Feb. 15th

Teacher Workshop

March 8th

No Elementary Only

March 19th

Spring Break

March 29th-April 1st

2009-2010 School Year Fees	First Child	Second Child
Registration Fee	\$25.00 Family	\$25.00 Family
June 09-May 09		
Before School		
Daily	\$5.00	\$4.50
Full time child (5days a week)	\$22.00	\$19.50
After School		
Daily	\$8.00	\$7.50
Full Time (5 days a week)	\$36.00	\$32.50
After school until 4:30 PM	\$5.00	\$4.50
Non-School Days		
Full day	\$25.00	\$23.00
Half day (5 hours or less)	\$20.00	\$18.00
Drop In Rate- Before School	\$7.00	\$7.00
Drop In Rade- After School	\$10.00	\$10.00

Hours

Before school: Monday-Friday – 6:00-8:00 AM

After-school: Monday-Friday - 3:00-6:00 PM

Non –school days: 6:00 am – 6:00pm

Location

Cokato Elementary – Cafeteria (Small Gym)

Dassel and Middle School students welcome, transportation is available before and after-school, to and from Cokato Elem.

Contact Info: Jennifer Todnem

320-286-4100 ext. 1334

Jennifer.todnem@dc.k12.mn.us

Welcome New Staff



Laura Zaske

I grew up in Brownton and graduated from McLeod West. I went to college at SCSU and graduated with my teaching degree in December of 2008. I enjoyed finishing up my college career by student teaching in 3rd grade at Cokato Elementary with Mark Dolan. Earlier this year I was a 3rd grade long term sub here in Cokato, then finished the school year as a kindergarten sub for Sibley East Schools. I recently bought my first house and moved into Silver Lake. When I'm not at school I am coaching 7th grade volleyball, going for a jog, and planning a wedding! My class and I are off to a great start! I am extremely excited to have joined an excellent teaching staff and community that truly value education.



Sharon Barberg

At the beginning of this new school year I was welcomed to Cokato Elementary. I am working with students in the area of Special Education. Previously, I had been teaching at the High School. My husband John and I have had the privilege of raising our 2 sons in the Dassel-Cokato School District. My interests are reading, gardening and keeping up with our 3 grandchildren. I want to wish you all a great school year.

Community Education Youth Activities

Looking for something to do this fall - here are some upcoming activities. To register or get more information give us a call at 286-4120 or visit us online at www.dc.k12.mn.us/commed.

Wacky and Wild FUN (Gr. K-3)

This class will be a mini blast of fun, something new every session. Activities may include tie-dying, science experiments, goop, sidewalk paint and much more. Grab a friend and join me for some fun after-school.

Activity #2108

Mondays, Oct. 5, 12, 26 (no class Oct. 19)

3:15-4:30 PM

Dassel Elementary, Rm. #145

Fee: \$16

Friday Night Out (Gr. 1-6)

A night just for kids and their friends!

FIRDAY NIGHT OUT is a special night for kids in first through sixth grade. Children will spend their evening swimming in the pool, doing a project or playing games and relaxing at an evening's end with a movie and a snack. Parents will have time to catch up on shopping, cleaning, playing or simply relaxing.

Maximum 50 - To find out what movies will be shown please call the Community Education office.

Gr. 1-6: Activity #3008A -

Friday, Oct. 9

6:30-10:00 PM

Fee: \$9 per session - Pre-registration required.

Location: MS Commons, Door I

Registration deadline: 1 week prior to each event

Girls Night Out (Gr. 1-5)

Want a night out with your girlfriends? Join us for loads of fun...we'll start the evening with PIZZA, crafts, games, swimming and end the evening watching a movie!! So bring along a friend, swimsuit & towel and a blanket and pillow and we will make it a slumber party! **Girls ONLY!**

Activity# 3013

6:00-10:00 PM

Friday, Nov. 6

Fee: \$12 - **Registration deadline: Friday, Oct. 30**

Location: Community Room - PAC Entrance



LDC Youth Hockey Preseason Camp (Boys & Girls 10U-14U)

Chris Olson, Varsity Hockey Coach & Hockey Coaching Staff

Get an early jump on the season and attend the preseason youth hockey camp. It is an awesome way to get back into the hockey mode just before the regular season begins. Basic skating skills, stick handling, body checking, and fundamentals of the game will be emphasized.

Saturday-Tuesday, Oct. 10-13

Activity #5183 - Boys 10U-14U (ages 8-15)

Activity #5184 - Girls 10U-14U (ages 8-15)

Oct. 10 Girls-3:45-5:15 Boys 5:30-7:00

Oct. 11 Boys 2:30-4:00 Girls 4:15-5:45

Oct. 12 Girls 5:00-6:30 Boys 6:45-8:15

Oct. 13 Boys 5:00-6:30 Girls 6:45-8:15

Litchfield Civic Arena

Fee: \$65



Clay Camp (Ages 6 & up)

Instructor: Laura Lounsbury

Pottery and sculpture handmade by your child will truly capture their imagination. Students will be given 1.5 pounds of red and white earthenware clay and taught basic handbuilding techniques. Glazes are food safe, so projects may include covered jars, baskets, mugs, bowls or a sculpture reflecting your child's interest. The artwork will be fired and glazed by the instructor and returned back to school within four weeks. Dress for a mess! Parents - you can register and make a project also!

Activity #2200A

Monday, November 9

3:15-4:45 PM

Dassel Elementary Rm. - #145

Fee: \$27



Tae Kwon Do (ages 6-14)

Mr. Todd Malenke

Tae Kwon Do is the world's most widely practiced martial art. Tae Kwon Do is a Korean Martial Art, most recognized for its unique and explosive kicking techniques. Students have fun getting in shape while learning effective methods of self-defense.

Activity #5616 - Youth Beginner

Monday, Tuesdays and Thursdays, each month

5:20-6:20 pm - Northwest Martial Arts, Cokato

Fee: \$60/month (specify which month)

Upcoming Arts Association Events:



Todd Green in Concert

Todd has astounded audiences across the country with his diversity on a multitude of string, flute and percussion instruments from all over the world. His performance will be enhanced by digital samplers, which allow him to record and over-dub instruments one by one, making him a one-man-orchestra of unique and exotic instruments. As fascinating to watch as to listen to, Todd intersperses his playing with entertaining explanations of the music and the instruments. His performance will be enjoyed by the entire family. Prepare to be amazed!

The D-C Arts Association is also bringing Todd into the school on October 29 for educational student clinics for all middle school students as well as the high school music students. The concert is a totally different program than the clinics, which are show-and-tell-type demonstrations of the instruments themselves. Todd's concert complements the clinics but is a musical adventure exploring the musical styles of many different cultures.

Public Performance: Sunday, November 1, 3:00 PM

Tickets: Adults \$12 and Youth \$5

Location: D-C Performing Arts Center

Information and Ticket Purchases: D-C Community Education, 286-4120

**Adult Enrichment Opportunities Through
Community Education**

The following upcoming courses are offered through Community Education. Please call 320-286-4120 for a Fall Brochure or for more information.

First Aid - Monday, October 5,
6:30-9:30 pm, \$35

Your Happy & Healthy Pregnancy -
Monday, October 25,
6:30-8:00 pm, \$10

Introduction to Essential Oils -
Thursday, November 5,
7:00-8:30 pm, \$5

What a Crock! (slow cooker ideas and recipes)
Monday, October 5,
7:00-9:00 pm, \$29 (includes cookbook)

Go Green, Live Clean, Save Money -
Tuesday, October 6,
6:30-7:30 pm, \$15

Scandinavian Baking - 2 Thursdays,
October 8 & 22,
7:00-9:00 pm, \$25

Quilted Purses - Saturday, October 3,
8:30 am - 12:30 pm, \$20
(see samples in the Community Ed. office.)

Deer Cutting for Dummies -
Monday, October 12, 7:00-9:00 pm,
\$46 (includes reference book)

Adult TaeKwonDo -
Mondays, Tuesdays and Thursdays,
7:40-8:40 pm, \$60/mo.

Instructor-Facilitated Online Courses -
Choose from more than 250 classes!
Visit 222.ed2go.com/dc

Just the facts from the Nurse's Desk

Christine Lawyer LSN

Cold & Flu Season 2009-2010

During this school year many children and adults will get sick with a cold or flu (influenza). For most, treating these illnesses at home with lots of rest and extra fluids will be the best approach. The symptoms of a cold or flu are similar. Cold symptoms include a runny nose, sore throat and sneezing and usually develop slowly. Flu symptoms develop more quickly and usually you feel much worse.

Common signs & symptoms of the flu include:

- Fever over 101 °F in adults and often as high as 103-105 ° F in children
- Anyone with a fever greater than 100° must stay home from school.
- Chills & sweats
- Headache
- Muscular aches & pains, especially in back, arms & legs
- Fatigue & weakness
- Nasal congestion
- Loss of appetite
- Diarrhea & vomiting in children

Influenza viruses travel through the air in tiny droplets when someone with an infection coughs, sneezes or speaks. You can inhale the droplets directly, or you can pick up the germs from an object, such as a telephone or computer keyboard, and then transfer them to your eyes, nose or mouth.

Ways to stay healthy during cold & flu season 2009-2010

- **Wash your hands.** Frequent thorough hand washing is the best way to prevent many common infections.
- **Eat & sleep right.** Eat a well balanced diet with fresh fruits and vegetables and drink plenty of water. Get to bed early.
- **Exercise regularly.** Cardiovascular exercise -running, walking, biking, aerobics-boosts your immune system.
- **Avoid crowds during flu season.** Flu spreads easily wherever people congregate.
- **Annual flu vaccination.** If you normally get a flu shot, the best time to be vaccinated is October or November. Your body needs about 2 weeks to build immunity following a

Musical Notes....



Amanda Spires

It's been a great start to the year in music class! All of the classes have been very successful and we have been busy reviewing concepts from last year.

For your information, there is a new Cokato elementary music website that you and your child should definitely check out! If you go to the Dassel-Cokato district website, click on schools, Cokato Elementary, Staff list and websites, Amanda Spires, Teacher's Page. Or go directly to it: http://www.dc.k12.mn.us/teacher_websites/cokato/spires/index.htm

There are lots of fun things available on the site including educational websites that link to fun music games and information where you can learn more about music. You can also find out about upcoming concert dates and information including what your child is learning about in music class. Enjoy! It's going to be a great year in music!

Media Messages...



Pam Osterberg

Each classroom has a weekly scheduled check-out time. During this time students are introduced to various types of children's literature and learn how to access materials for pleasure and information. The weekly visit to the Media Center is much more enjoyable for students if they return their books on time as they are not allowed to check out books until books are returned. Students K-2nd grade are allowed two books, 3rd and 4th grade students are allowed 3 books. When students are working on a project they are welcome to checkout additional books. Students are invited to stop in and exchange books throughout the week.



Coming Events:

October:

- 9 Vision and Hearing Screening
Grades 1 and 3
- 14 CLIMB Theater
Presentation on the environment
- 15 & 16 No School
Education Convention (Thurs/Fri)
- 19 No School
Staff Development Day
- 30 Picture Retakes
Red Group Kindergarten -parents
bring in if retake is needed
Vision and Hearing Rescreening

To call a staff member: 320-286-4100 ext. #	
Tele. Ext. #	Staff Name
1310	Abrahamson, Jean
1318	Ardoff, Julie
1348	Barberg, Shari
1341	Barton, Mike
1332	Berggren, Brice
1311	Berggren, Gail
1337	Bertram, Jenny
1327	Cates, Krista
1339	Chap, Carissa
1334	Charger Kids Club
1326	Dolan, Mark
1344	Franklin, Rachel
1339	Glur, Kristin
1314	Hanson, Lori
1340	Heinonen, Todd
1333	Johnson, Kathy
1347	Johnson, Lynda
1321	Kaczmarek, Cindy
1323	Kielty, Janie
1306	Lawyer, Christine
1325	Kusler, Pat
1328	McCormick, Stacey
1312	Melquist, Michelle
1313	Meyer, Jen
1356	Munson, Jodi
1329	Nelson, Lee
1331	Osterberg, Pam
1352	Pierce, Irene
1335	Searles, Jean
1336	Sickmann, Heidi M/W/F
1338	Snider, Katy
1355	Sorgatz, Stacy
1322	Spires, Amanda
1342	Stangland, Lori
1349	Terpstra, Sarah Tues/Thurs
1315	Weinandt, Ryan
1324	Weber, Sam
1345	Zaske, Laura
1300	Office
1304	Force, Lorene



Cokato Elementary Breakfast Menu



October				
Monday	Tuesday	Wednesday	Thursday	Friday
½ pint milk will be served with each meal			1 Breakfast Pizza Fruit Juice Milk	2 Cereal Mini Muffin Fruit Sauce
5 Cereal Cinnamon Sticks Fruit Sauce	6 Pancakes/Syrup Sausage Link Juice	7 Cereal Cinnamon Toast Fresh Fruit	8 Apple Strudel Sticks Cheese Stick Juice	9 Cereal Yogurt Fruit Sauce
12 Cereal Mini Muffin Fruit Juice	13 Omelet Toast Fruit Juice	14 Cereal Cheese Stick Toast Fresh Fruit	15 No School Education Convention	16 No School Education Convention
19 No School Staff Development Day	20 Waffle Sticks Sausage Link Fruit Sauce	21 Cereal Cinnamon Toast Fruit	22 Breakfast Pizza Fruit Juice	23 Cereal Mini Muffin Fresh Fruit
26 Pancakes / Syrup Sausage Link Fruit Juice	27 Cereal Toast w/ Cinnamon Sugar Fruit Sauce Choice	28 Cereal Cinnamon Toast Fresh Fruit	29 Apple Strudel Sticks Cheese Sticks Fruit Juice	30 Cereal Yogurt Fresh Fruit

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, please contact: Tina Palmer, 4852 SW Reardon Ave, Cokato, MN 55321

**Cokato Elementary
Lunch Menu
October 2009**



Monday	Tuesday	Wednesday	Thursday	Friday
	<i>½ pint milk will be served with each meal</i>		1 Cheese Bread w/ Pizza Sauce Lettuce Salad Fresh Fruit	2 Sloppy Joes Bun Oven French Fries Season Green Beans Fresh Fruit
5 Pizza Seasoned Corn Bread Choice Fruit Sauce	6 Mini Corn Dogs Oven Fries Seasoned Carrots Bread Choice Fresh Fruit	7 Tater Tot Hot Dish French Bread Lettuce Salad Fresh Fruit	8 Grilled Chicken Patty Alfredo Noodles Break Stick Seasoned Peas Fresh Fruit	9 Turkey & Gravy Mashed Potatoes Mixed Veg. Dinner Roll Ice Cream Treat
12 French Toast Sticks Smoked Sausage Tri Tater Orange Sections Fruit Juice	13 Hamburger./ Bun Oven Fries Seasoned Green Beans Fresh Fruit	14 Super Nachos W/Fixings Seasoned Corn Bread Choice Fresh Fruit	15 No School Education Convention	16 No School Education Convention
19 No School Staff Development	20 Popcorn Chicken Au Gratin Potatoes Seasoned Peas Bread Choice Fresh Fruit	21 Country Fried Steak Mashed Potatoes Gravy Seasoned Vegetables Tea Biscuit Fruit Sauce	22 Pizza Lettuce Salad Bread choice Fresh Fruit Cookie	23 Turkey Sandwich Potato Rounds Vegetable Relishes Yogurt Fresh Fruit
26 Long Dog/ Bun Oven Fries Baked Beans Sauerkraut Fruit Sauce	27 Hot Ham & Cheese/Bun Batter Bites Carrot Sticks Fresh Fruit	28 Chicken Fajita Rice Pilaf Seasoned Peas Bread Choice Fresh Fruit	29 Pizza Sticks Lettuce Salad Bread Choice Vegetable Choice Fruit Sauce Choice	30 Shrimp Poppers Oven Fries Seasoned Green Beans Bread choice Fresh Fruit Pumpkin Juice Cups